

INAUGURAL STATEMENT

Journal of Health Promotion and Rehabilitation was launched and established on January, 2019.

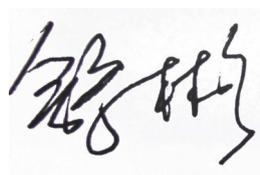
Health is the eternal theme of human beings, is the premise of life, is the motivation and origin of all human aspirations and most importantly being the dream.

Health means that a person is in a good state in terms of body, mind, and society. The traditional view of health is from a "disease-free or healthy" perspective, the modern people's view of health is overall health. According to the explanation given by the World Health Organization, health does not only means to a person's body free of any disease or weakness. It also refers to a person's physical, psychological and social state of well-being. Therefore, modern people's health content includes: physical health, mental health, mental health, social health, intellectual health, moral health, and environmental health. Health promotion was the first term proposed by the World Health Organization (WHO) at the first International Health Promotion Conference held in Ottawa, Canada, on November 21, 1986. It refers to a social behavior and social strategy that uses administrative or organizational means to widely coordinate the relevant sectors of society, as well as communities, families and individuals, so that they can perform their respective responsibilities for health and jointly maintain and promote health.

Rehabilitation refers to the comprehensive and coordinated application of medical, educational, social and occupational methods, so that those whom are ill, injured or disabled (including congenital disabilities), have lost their functions, can be restored and rebuilt to the maximum extent possible. And to restore their physical, mental, social and working abilities, which enable them to return to the normal life. Hence, rehabilitation is not only aimed at disease but also at the overall physical, psychological, social and economic recovery of the person. Health promotion and rehabilitation are focus at these directions and with the same goals.

We set up the Journal of Health Promotion and Rehabilitation, which aims to spread the concept of health, popularize healthy life, optimize health services, improve health protection, build a healthy environment, develop a healthy industry, and promote academic research on health promotion and rehabilitation.

We look forward to your contributions, be a part of our common dream - the health of the people.



Editor in Chief: _____

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